



Sixth through Eighth Grade



Being Against Bullying

Why do people bully everyone they think they can beat?
Why do people cuss out everyone that they meet?
When will a bully become a true friend?
When will this bullying stuff come to an end?
What will you do when you run into a bully today?
What will you do if you run into a bully and don't know what to say?

When will parents talk with their children and tell them bullying's not right?
Little do they know what happens in the dark will come to the light.
Who will be the one to change a bully's life?
Who will be the one to get rid of all this strife?

If I could change a bully's life, I'd change many others too
If I had the chance, that's what I'd do.
I'd also save the victim whose life is in danger,
Even though it might be hard for them to befriend a stranger.
Have you ever met a bully and tried to be their friend?
If you think about it, a bully has a broken heart that someone needs to mend.

If we change a bully, we can change a life.
Be against bullying-get rid of all this strife.
Bullies have dreams just like we do.
If we become friends with a bully, maybe we can help their dreams come true.

—Tiffany M., Samarkand

Anti-bullying

Look at me and what do you see?
It really hurts when you bully me.
I wish that just for once you could
Judge me by my personality, and not
By what's on the outside of me.

Do you know how much it hurts when
You say those cruel and taunting words?
You've broken my heart into a million pieces,
And the real question is, will you be there
To help mend them back together?

—Theresa Schriver,
Rosewood Middle School

Bullies in the World

When was kindness lost?
And bullies left to roam?
I ask, what is the cost?
To get tyrants to leave you alone?
You see it everyday;
In several senseless ways.
Name calling, punching,
And prank calls on the phone.
Do you think it gives you power,
To terrorize those weaker than you?
How do you think their life feels?
Most likely sad and immensely alone.
How would you like it if,
Unkindness was directed at you?
You say you couldn't identify.
But I know that you do.
Can't you stop the violence?!
It's unjust and unfair.
Let peace and love ring out,
Across America, in schools everywhere.

—Hilary Wright, Manteo Middle School

Bullying

Kids, like you and me
Getting bullied because of what people see.
Sometimes kids don't do anything wrong
Yet bullies beat them up because they're big and
strong.

This is an issue that we cannot ignore
Or soon there will be serious cases for us to explore.
I hope that we don't sit and wait
This is something that we need to set straight.

I hope that one day, all kids will fit in
And no child will hurt another one's skin.
If this is to happen we will all feel relieved
This is a dream that can be achieved.

—Stephen McKinney, Reedy Creek Middle School

Save Me!!

You may be unaware of what happens every day,
If it's in March, June, or May.

It doesn't matter when it could happen to a friend,
It just means that it's awful in the end.

You may not know that when you see someone
Picking on me or taking my money it is bullying.

Many people every day get hurt in a way,
If it is in or out doesn't matter where or how, it is still pain.

So next time you see people picking on me, stop,
And save me from the pain,
Save me from another day of suffering and being afraid.

—Tiffany Elliot, Shallote Middle School

Bullies

Bullies are some type of people.
People that are not friendly at all.
They like to beat people up
And not say sorry at all.

But sometimes I wonder,
If bullies are not so bad.
Maybe bullies just need a friend.

If you think very hard.
You will agree.
That bullies just need a friend.
To play with, like you and me.

So if you meet a bully one of these days,
Talk to them to see what they say.
Maybe one of these days they would be friends
To laugh with and play every day.

—Nathaniel Kaminski, Southwest Middle School



I Shrink, I Think

I shrink, I think.
That's how you make me feel.
You're like a thief when you steal
My confidence
And self-respect.
These are wounds that may never heal.

I shrink, I think.
When your words batter
My brain.
I wish you would just refrain.
I'm afraid I can't stand up again.

Do you have to make me feel small
Just so you can stand tall
And bully anyone at all?
Does it make you feel cool
To be so cruel?

I shrink, I think.
It must be true.
After you make fun of me
What do you see?
I must be so small,
That when you look at me
You see nothing at all.

—Julia Rao,
North Chatham Middle School

Broken Soul

He's like a ghost
Nobody sees him.
Goes to school
Full of fear within.

A beautiful child
Just misunderstood.
Wanting to fit in with others
But doesn't think he could.
Has no friends
He's a little shy.
Always getting bullied
But never knowing why.

Never knowing what to do
Never knowing what to say
You just watch him get bullied
Every miserable day.

He goes through life
Thinking there's no one who cares
Living a lonely life
Full of pain and despair.

—Noelle Gerardi, Butner Stem Middle School

The Person

I am the person
Who sits next to you in class.

I am the person
Who is a bit overweight.

I am the person
Who is laughed at because I am short.

I am the person
Who is picked on because I like computers.

I am the person
Who talks with an accent.

I am the person
Who is always to blame.

I am the person
Who takes the bus home in fear.

But I am also the person
Who is brave enough to wake up
And do it again the next day.

—Jeanette Juarez, Butner Stem

Tired

Tired
Tired of watching
Tired of doing nothing
Tired of just sitting around
I will no longer allow this to happen
I will not let him suffer anymore
I will take actions
You will no longer suffer
You will no longer be in pain
You will no longer be bullied
We can help
We can all help
We all will help
It's going to be okay
It's going to be alright
It's going to be just fine
Just stay strong
Just stay strong enough
Just stay strong enough for us to help
Tired

—Alex Santos, Southwest Middle School

Don't Bully

Bullying makes people mad.
Bullying makes people sad.
It even makes people cry.

Bullying makes you look not so smart,
Because it is hurting someone.
Don't you know how it looks?

Anybody can be a bully, you know,
But respecting yourself-
That's a different story.

When you don't bully people
It makes them happy.
Be a good friend—help someone.
Don't bully.

—Angelina S., Samarkand

Speak Up

Hey America, Hey world
Speak up, say the word
The word no one wants to hear
Bullying its there, it's always there
If you don't speak up it will never die
If they ask please don't lie
Just say it, "Bullying" that's it
Whether it is physical or verbal,
Don't let them get away
In school, out of school, it doesn't matter
People say it isn't bad
That's because it isn't them
It's you, your friend,
Maybe even your family.
But even if one person speaks up
The rest will follow.
SPEAK UP America.

—Robin Rouse, Southwest Middle School

