



## Having Our Say

One young boy,  
Never meant any harm,  
He bullied his way through school.  
Hiding bruises on his arm,  
Calling people names,  
Taking money too,  
He gets it from his home,  
It's all he knows to do.

One young man,  
He's dropped out of school,  
He thinks because he is stupid,  
But he says because it's cool.  
He is still a bully,  
Almost like a drug,  
Just covering up the memories,  
Of being beaten to the rug.  
One grown man,  
Married with a child,  
The story repeats,  
As the abuse charge is filed.

Bullying was his comfort,  
What an effect it had,  
Never did he realize,  
He had turned into his dad.

—Calin Andrews, E.A. Laney High

## Untitled

Look out! They're here.  
Throughout the hallways and the stairs  
You can see the works of them upon the face of an innocent one  
Whose day had only just begun.  
Be aware!  
They're in our school  
They enjoy the power so that they can feel cool.  
They hurt people physically, verbally too  
Please make sure that this won't happen to you.  
If you find yourself in this position  
Please don't hesitate, and just listen.  
Tell a parent, a teacher or even a friend  
The issues of bullying must come to an end.

—Katie Letcher, Weddington High



## **Anamnesis**

Slammed against the wall,  
No one coming down the hall.  
Angry and frustrated,  
He sat, he watched, he waited...  
The bully stalks his prey.  
His dad hit him again that day.  
He feels lonely and insane,  
Needing someone else to feel his pain.  
No one understands him,  
And the life he leads is grim.  
Wanting to be feared if not respected,  
He does not want to be rejected.  
At home he is neglected.  
He lives in solitude,  
Sits in his room to brood.  
He wants friends but is lonely.  
He thinks maybe if only  
Someone would see beyond the hurt  
His soul has now become inert,  
Seeking love he won't ever find,  
He lives now, only, for the time.

—Bryan Hough, Reagan High

## **I Am Who I Am**

The words they say  
Cut like the sharpest knives.  
Everyday they talk to me this way;  
Their words are their weapons.  
Pushing me, hitting me  
It's not just physically;  
They get to me more emotionally.  
Making me feel like I'm not good enough  
How would you feel if they said this to you?  
You'd probably give up too.  
I just hope they don't look my way.  
I need a break for at least one day.  
But I have to take that power back.  
I am who I am;  
I shouldn't let them change that.

—Candace Batschelet, First Flight High

## My Bully

I am keeping my mouth shut  
So maybe my punishment won't be so bad.  
The kicking, hitting, and verbal abuse  
Make me angry at myself, make me sad.  
They just don't accept me.  
I feel so isolated; I'm all alone.  
My bully keeps hurting me,  
A battle, the bruises have shown.  
I walk down the hallways of high school  
Afraid that the bully is going to come my way.  
Scared to show my face,  
I hide from her, day after day.

—Schuyler Overbey, First Flight High

## Dying Those Years

Why must this happen throughout the world  
Often times a boy or girl  
Being punished because of another's excruciating pain  
Someone's child being left out in the acid rain  
Who wants to let someone else feel the burn  
Love, passion, things they've yet to learn  
Afraid to cry out loud so they hold it in  
And, bring it out on other kids again and again  
Feeling good by making others cry  
So outraged and afraid to tell you why  
Pounding on a child's face; drying those tears  
Trying to tell somebody you've been dying all these years.

—Aaron Gannes, L.E. Buchanan High



## **Bullying**

Why do you pick on me?  
It hurts my feelings,  
Can't you see?  
Are you hurting me  
To make yourself look better?  
If that's the case,  
You'll be doing it forever.  
Maybe you don't like me  
Because of my race,  
Or maybe it's the look on my face.  
Can't you tell that I'm tired and done?  
I know you pick on me just for fun.  
Why can't you stop?  
Stop making fun of my hair,  
Criticizing me like I'm not even there.  
What's the point of putting me down  
When everyone looks at you with a frown?  
I can't take it anymore.  
You bully me too much.  
And that's for sure.

If you can't say anything nice,  
Don't say anything at all.  
This is where it stops,  
I'm putting up a wall.

—Nicole Bentley, Extended Day

## **Bullying**

Bullying, so cruel  
An attempt to take and rule  
Something or someone  
Is violence now the key?  
Like Columbine the shooting  
Superior kids thought they were doing  
A task to make them bigger  
Through size and strength  
You're a wimp  
The way you make kids limp  
Lets think it over again before you go and sin  
Like Jack did to Piggy  
In Lord of the Flies  
You think this is a joke  
You're losing all your votes  
Pick on someone your own size  
We'll see if you win the prize  
Bullying, so cruel  
Let's stop it in our schools.

—Zailene Flood, E.A. Laney High

## **You're A Star**

You probably feel like your nothing  
And wish there was no such thing as school  
Because the other students  
Treat you so cruel

You saw nothing wrong with yourself  
Until those people started to tease  
So now you're trying to change yourself  
So its those people you please

Don't feed into those foolish people  
Because you're a star  
No matter what other people  
Say you are

Just keep your head up  
No matter how bad they tease  
Because you are special  
And you are the only one you should try to please

—Vianca M. Clark, Pasquotank County High

## **Bullies**

If you are being bullied, don't worry  
Just run and get help in a hurry  
Because no one should be treated bad  
Or should feel sad  
Just because a bully is mad.  
Take a stand and be brave  
That's the only way to get the bully to behave  
And put him in his place.  
But don't fight back with violence  
And don't stand back in silence.  
Don't fight back with words  
Because that will only make it worse.  
Don't fight back with anger  
Because that could put you in great danger  
Instead tell someone who cares  
Someone who will be there.  
Someone who understands fully  
That it is hard being a victim of a bully.

—Keisha Richburg, Broughton High

**Artwork:**

Page 3, Evelyn Espinoza, Harmony Elementary School

Page 5, Amber Poser, Eastern Alamance High School

Page 7, Kimberly Gaddy, Eastern Alamance High School

Page 9, Jonathan Williams, West Alexander Middle School

Page 13, Jennifer Whitehurst, River Mill Academy

Page 16, Anna Kingsley, Phoenix Academy

Page 19, Deanna Edwards , Rodgers-Herr Middle School

Page 21, Brittany McMahan, C.D. Owen Middle School

Page 22, Nivea Davis, Eastern Alamance High School

Page 23, Margaret Dalton, Walter M. Williams High School

Page 25, Angela Fairchild, River Mill Academy